



## 17. Focus on Safety 24/7

There are many things that can cloud our focus on safety. Financial problems, marriage problems, problems at work, or our teenagers often just drive us nuts. Thinking about these concerns can take our attention away from our safety.

Here's what it comes down to. When we are thinking about other events, we're not thinking about our safety, and that could mean trouble. Most of the concerns we have are real concerns, but let's put them into perspective.

How big is your typical concern or problem compared to a situation where you lose the use of your legs? How about ending up with a brain injury where you have to learn how to walk again or talk again? How about spending 4 months in a burn ward? I'll bet the other problems that seemed so big before your injury may seem trivial after thinking about these options.

Here's an example. You're driving a brand new pickup truck and you're in debt because of it. You crash it, and end up in the emergency ward. The doctors are concerned you may never walk, and you take 600 stitches to your face and have knocked out every tooth in your mouth.

Are your first thoughts about making the payments on the truck? I doubt it.

A few hours later your condition worsens and the doctors say you make not make it through the night. All of your other problems have vanished because you have a huge problem now.

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Here's what I'm getting at – it doesn't matter what is happening in your life, good or bad, you still have to focus on safety. If your mind is elsewhere, thinking about the problems life throws at you, and you get hurt, your original problem will still be there. Your injury will not make it go away! It just might seem smaller now.

So please, always focus on your safety. Make safety your big concern!

 ... AT ALL TIMES!